

Registration Form

Please complete and Mail along with your Payment to the address listed by **Saturday, May 9, 2009**

Name _____

Address _____

City _____

State _____ Zip Code _____

Phone () _____

E-Mail _____

Affiliation _____

What age level do you coach ?

Please circle your Shirt Size.

S M L XL XXL

Clinic Costs - \$ 30.00 per coach

pre-registered by May 9, 2009

Make all checks/money orders payable to the Central PA – NFF

National Football Foundation Central PA Chapter

Jack Bailey

106 Curtis Street

Philipsburg , PA 16866

Phone (814) 342-6496

Fax (814) 342-4878

jmbailey2@verizon.net

Directions

South (Altoona) Take I-99/220 North
West (Clearfield) Take 322 East

I-99/220/322 converge at Port Matilda, travel east to Mt Nittany Expressway, Exit #73–InnovationPark/PennState

I-80 East Exit Bellefonte Take I-99 South
322 East to State College

Exit off Mt Nittany Expressway at #74 – InnovationPark/PennState

All exit off Mt Nittany Expressway, follow Park Avenue toward Penn State. At intersection of Park Avenue and University Drive, **Turn Left** onto University Drive. Travel to intersection with Curtin Road, **Turn Right**, travel one block to Bigler Road, **Turn Left**. After passing Pool Complex, **Turn Left** onto lane (stay Left) into Holuba Hall.

Parking

Lasch Parking Lot next to Holuba -70 spaces. To get to Lasch parking, go beyond turning into Holuba to Hastings Road, **Turn Left** and follow left diagonal street. Parking Lot between Holuba and Lasch Buildings

National Football Foundation

National Football League

Central Pennsylvania Youth Football

NFF/NFL-Coaching Academy

*“Developing winners in
football and in life”*

*Clinic open to all coaches –
but specifically designed
for Youth Coaches*

**Central PA Chapter
National Football Foundation-
College Hall of Fame**

Saturday, May 16, 2009

9:30 AM

Penn State’s Lasch Building

Academy Overview

Clinic Director - Frank Rocco

Now retired, Frank had an outstanding career as a scholastic and collegiate coach. Former Penn State Assistant Coach and Administrative Coach.

The National Football Foundation and the National Football League have embarked on an exciting new program aimed at elevating the quality of Coaching. We have decided to earmark this clinic for **Youth Coaches**.

Date: Saturday, May 16, 2009

Time: 8:45 AM Registration

Location: Penn State's Lasch Building

Attendees Receive:

- 1) Instruction from outstanding collegiate and scholastic football coaches from the Central Pennsylvania region.
- 2) Printed NFL prepared 200+ page coaches manual with CD-ROM. **First 60 Registrants**
- 3) NFF/NFL Coaching Academy T-Shirt.
- 4) Lunch
- 5) Gift / Prize Drawing Ticket
- 6) Notebook

Academy Schedule

8:45- 9:30 **Registration** Holuba Hall

9:35- 9:45 **Welcome**

9:45- 10:40 **Sports Psychology**

10:45 - 11:40 **Speed and Agility**

11:45 – 12:15 **Tackling**

12:15- 1:15 **Lunch Sponsored by Riddell – Mike Hartman**

1:15-1:45 **Main Speaker Penn State Coach**

Four Sessions – Skills and Drills Holuba Hall

2:00- 2:55 **Offense O-Line / Receivers /Quarterbacks/Running Back (2) - 25 minute sessions**

3:00 – 3:55 **Defense D-Line / Linebacker / D-backs / Kickers (2) - 25 minute sessions**

3:55- 4:15 **Wrap-up / Coaching Handbooks / T-Shirts/ Door Prizes**

Riddell

We are committed to maintain a solid relationship with Riddell, making them our only athletic equipment exhibitor at the Academy.

Thanks, **Riddell** for your support.

**Mike Hartman
Riddell / All-American
205 East Whittier Avenue
Altoona, PA 16602
Phone / Fax (814) 941-1909
Cell (814) 932-0911**

**Central Pennsylvania Chapter
National Football Foundation
& College Hall of Fame**

Visit our Website:

centralpafootballfoundation.org

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